## CAMDEN COUNTY NUTRITION PROGRAMS

Program Name:	Lifesteps - Weight
	Management Program
Agency/Institution:	Kennedy Health System
Address:	Corporate Office:
	1099 White Horse Road
	Voorhees, NJ 08043
County:	Camden
Phone:	(856) 566-2098
Focus:	Develop a long-term
	healthier approach to
	eating.
Services:	□ <b>* ☆</b> □ <b>》</b> <u><b>…</b></u> 5
Population served:	Ages 18+
Funded by:	Health system offsets
	some program expenses.
Fees & Charges:	Yes
Other information:	The program has a specific
	cancer prevention focus.
	Programs take place at
	various health system
	facilities.

Program Name:	Camden County Nutrition
	Program
Agency/Institution:	Camden County Division of
	Senior Services
Address:	700 Browning Rd., Suite 11
	W. Collingswood, NJ 08107
County:	Camden
Phone:	(856) 858-2641
Focus:	To provide nutritious meals
	that includes 1/3 of the
	dietary reference intakes.
Services:	□ <b>♀ ☆</b> □ ፆ <u>m</u> 5
Population served:	€ ##
Funded by:	State, Federal, &
	Contributions.
Fees & Charges:	None
Other information:	Program has a specific
	cancer prevention focus.

Program Name:	Annual Women's Health
	Summit
Agency/Institution:	Camden County Department
	of Health and Human
	Services
Address:	DiPiero Center, Lakeland
	Road, Blackwood, NJ 08012
County:	Camden
Phone:	(856) 374-6035
Focus:	Provide education for
	residents.
Services:	<b>□☆</b> □ 🤋 <b>直 y</b> 5
Population served:	All Camden County
	residents
Funded by:	County and State
Fees & Charges:	None
Other information:	-

## CAMDEN COUNTY PHYSICAL ACTIVITY PROGRAMS

Program Name:	Quarterly Lectures
Agency/Institution:	Camden County Division of
	Senior Services
Address:	700 Browning Road,
	Suite 11
	W. Collingswood, NJ 08108
County:	Camden
Phone:	(856) 858-2641
Focus:	
Services:	<b>□•</b> * <b>&gt;</b>
Population served:	€ <b>~</b>
Funded by:	Not funded
Fees & Charges:	None
Other information:	

Program Name:	"WET" program- pool activity
Agency/Institution:	Kennedy Health System
Address:	1099 White Horse Rd.
	Voorhees, NJ 08043
County:	Camden
Phone:	(800) 522-1965
Focus:	Increase mobility and
	relieve pain for individuals
	with arthritis.
Services:	
Population served:	Ages 60+
Funded by:	Health systems offset
	some program expenses
Fees & Charges:	Yes
Other information:	Program takes place at the
	local YMCA.

Program Name:	Annual Women's Health
	Summit
Agency/Institution:	Camden County
	Department of Health and
	Human Services
Address:	DiPiero Center, Lakeland
	Road, Blackwood, NJ
	08012
County:	Camden
Phone:	(856) 374-6035
Focus:	Provide education for
	residents.
Services:	<b>□•</b> ※□ 9 <b></b> Y
Population served:	All Camden County
	residents
Funded by:	County and State
Fees & Charges:	None
Other information:	-

Program Name:	"Walk This Way"
	program- walking program
Agency/Institution:	Kennedy Health System
Address:	1099 White Horse Rd.
	Voorhees, NJ 08043
County:	Camden
Phone:	(800) 522-1965
Focus:	Cardiovascular fitness
Services:	₩ • □
Population served:	Ages 60+
Funded by:	Health systems offset
	some program expenses
Fees & Charges:	Yes
Other information:	Program takes place at
	UMDNJ Wellness Center,
	Stratford, NJ